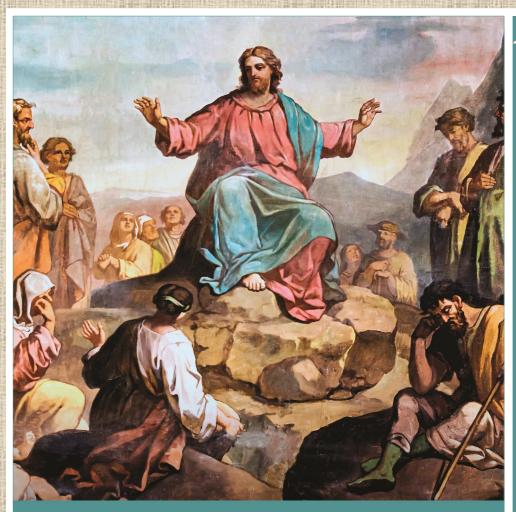
IMMACULATE HEART OF MARY PARISH

of Watervliet and Green Island, NY



5TH SUNDAY IN ORDINARY TIME

G (0 -

"You are the light of the world. A city set on a mountain cannot be hidden." - Mt 5:14

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCI

©LF

welcome

Pastor
Fr. Don Rutherford
Associate Pastor
Fr. Samuel Bellafiore

Business Administrator Shawn Allen sallen@ihm.rcpw.org

PARISH LIFE CENTER 2416 7th Avenue Watervliet, NY 12189 518 273-6020 Fax: 518 273-3978

Email: info@ihm.rcpw.org Website: www.rcpw.weebly.com

PARISH OFFICE HOURS Mon - Thurs: 8:30 - 3:30pm Fri - Closed

Administrative Assistant Judith Pope ext. 301 jpope@ihm.rcpw.org

Secretary Mary Beth Knapik ext. 302

Sacramental Records/Archivist Linda Dunbar ext. 305 Idunbar@ihm.rcpw.org

FAITH FORMATION & YOUTH MINISTRY CENTER 2425 7th Avenue Watervliet, NY 12189

Coordinator Sharon Kowalski Direct line: 518 328-0427 skowalski@ihm.rcpw.org Call for information or appointment

FEBRUARY 5, 2023

Celebration of the Eucharist
Saturday Vigil: 4:00 pm - Sunday: 7:30 am and 11:00 am
Weekday Schedule
9:00 am Mass - Tuesday Wednesday Thursday
Adoration on Tuesdays - 9:30 to 11:00 am



Bake Sale for Smile Train and Polar Bear and Penguin Picnic: February 26

Something new for 2023!! In addition to our annual Bake Sale to raise funds for Smile Train, we will be having a Polar Bear and Penguin winter picnic: hot dogs, chips and ice cream. All are invited, immediately following the 11am Mass. And – it's free!!

In case you are unfamiliar with Smile Train, it is an organization that trains doctors in many poorer countries so that cleft palate/lip surgery may be done for many more children, in their own country, on a regular basis. They are able to do this life changing surgery in about 45 minutes at a cost of \$250 per child. Truly amazing!!



NOTICE: CHANGE OF EVENT DATE BELOW

**FEBRUARY 26 - Bake Sale for Smile Train, Polar Bear and Penguin Picnic after 11AM Mass in Parish Life Center

FEBRUARY 22 - Ash Wednesday, begins Lenten season

FEBRUARY 23 - DVD, "For One More Day", showing at 1:30pm in PLC

FEBRUARY 24, March 3, 10, 17, 24, 31 - Stations of the Cross on Fridays at 6 PM.

Scripture Sharing: Max Lucado, John 3:16, the Numbers of Hope ~ We have started a new series from the nationally known author, Max Lucado based on John 3:16. "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

A twenty-six-word parade of hope: beginning with God, ending with life, and urging us to do the same. A verse brief enough to write on a napkin or memorize in a moment,. yet solid enough to weather 2,000 years of storms and questions. As this study will reveal, the heart of the human problem is the heart of the human. And God's treatment for the human heart is prescribed in John 3:16: "He loves. He gave. We believe. We live."

All are invited. We meet on Thursdays from 2 to 3pm. For more information, please contact Sharon at 518-328-0427 or skowalski@ihm.rcpw.org

Mary's Kitchen: Mondays, 3 to 5pm: ALL WELCOME!! • Stop by between 3 to 5pm on Mondays and sit down to enjoy a meal with friends or pick up a meal to take home: Soup, salad, sandwich, entrée and dessert!! Questions?? Please contact Sharon at skow-alski@ihm.rcpw.org or call 518-328-0427 for more information.

February DVD: "**For One More Day", February 23, 1:30pm, Parish Life Center** ~ Did you ever wish you could go back – have a "do-over"-with a person or situation?? This film, based on the book by Mitch Albom, is about a story of redemption. Mistakes made years earlier have haunted the main character throughout his adult life; he's given a chance to make up for that with the person who loved him most. Join us Thursday, February 23 at 1:30 in the Parish Life Center. All are invited.

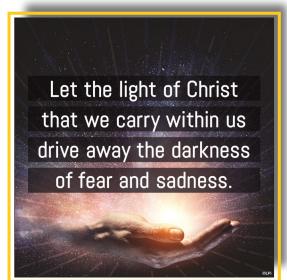
RCIA and Sacramental Preparation for Adults and Older Children ~ If you are interested in becoming a Catholic or completing your Sacraments of Initiation (Baptism, Eucharist and Confirmation) or are curious about the process, contact Sharon at 518-328-0427 or skowalski@ihm.rcpw.org.

QUESTION OF THE WEEK—Reflect and Respond to Scripture

In the first reading, the prophet Isaiah spoke of God's desire for us to not only feed the hungry and take care of the afflicted but also to rid ourselves of malicious and accusatory speech.

Which of these directives might you be able to do this week?

Prayer Ministry - If you would like prayers said for a family member, relative, or friend contact *Brenda at 518-961-0169*.



Faith Formation For All Ages ~ Sharon C. Kowalski, Coordinator of Faith Formation and Youth Ministry- skowalski@ihm.rcpw.org

Faith Formation: 2022-2023: Our January and February Faith Formation schedules will be February 5, 12 and 26. All sessions are 9:45 to 10:50am.

Please contact Sharon at skowalski@ihm.rcpw.org or 518-328-0427 for more information or questions about Faith Formation and/or receiving sacraments at IHM.

In Memoriam ~ 2023		
In loving memory of John A O'Brien requested by the Family	In loving memory of The Barron & Rys Families requested by the Family	In loving memory of Bryan T Roberts (son) Raymond & Helen Werner (parents) requested by Judith Pope
In loving memory of Adam & Katherine Novak John & Rosalie Novak & Florence Szpot requested by the Family	In loving memory of Joseph V Germano requested by the Family	In loving memory of John T Sherlock requested by his wife and Family
In memory of our beloved son Michael D Kowalski requested by Michael and Sharon Kowalski	In loving memory of William T Sr, Julia F and Robert A Fahr requested by the Family	In loving memory of Albert P Morelli, Donald & Eileen Gallagher Hogan requested by Don & Patti Hogan
****		In loving memory of our Families:

Gospel Meditation—A Deeper Understanding of Scripture

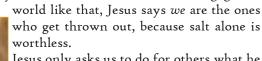
I recently decided to learn to cook. As I sit at the feet of various YouTube

cooking masters, I notice how much of cooking is adding ingredients that don't provide any more nourishment, like herbs and other seasonings. But man! They make all the difference because they make the meal delightful to eat and share.

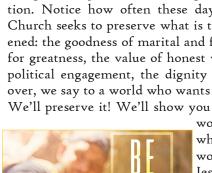
Jesus calls his disciples "salt of the world." No one eats just salt. So, Christians are not meant to replace or do away with the world. They are meant to be agents of preservation and glorification. Notice how often these days the Church seeks to preserve what is threat-

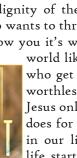


ened: the goodness of marital and family love, the desires of young people for greatness, the value of honest work, healthy economics, and altruistic political engagement, the dignity of the poor and vulnerable. Over and over, we say to a world who wants to throw things out, "It's worth saving! We'll preserve it! We'll show you it's wonderful." If we can't engage the



Jesus only asks us to do for others what he does for us. He is the "salt" of everything in our lives. Is there something in your life starting to rot a bit? Something tasting bland and boring? Let Jesus salt it and see if you like it better. — Father John Muir ©LPi





In loving memory of our Families: The Carlsons, The Mardigans, The Foleys & The Butlers requested by Bob & Carol Carlson

MASS INTENTIONS

Sat., Feb 4

4:00pm—John Bouchard, req by Donna Hoinski Thomas James Falzo, req by Bob & Kathy Falzo Living & dec'd members of IHM

Sun., Feb 5

7:30am—Barbara Bouchard, req by Mary/Barb Crowley & Deb Donato

11:00am—Paul Esposito, req by the family Barbara Bouchard, req by Pat Fitzgerald & family Charles Bulson (6th Anniv), req by the family

Tues., Feb 7

9:00am—In Memory of Joseph Mormando, req by Donna Tallman

B. Timothy Roberts (Anniv), req by his mother

Wed., Feb 8

9:00am-Living & deceased members of IHM

Thurs., Feb 9

9:00am—In memory of Thomas, req by Donna Tallman

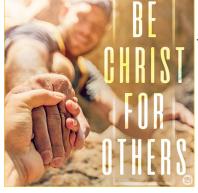
Sat., Feb 11

4:00pm—Thomas Hebert, req by Brenda Persons Patrick Dembroski, req by the family

Sun., Feb 12

7:30am—Living & deceased members of IHM

11:00am—Margaret Foley (6th Anniv) req by Ann & Phil DiNuzzo



ADORATION TUESDAYS 9:30 - 11:00 AM



FINANCE & ADMINISTRATION Weekly Collection (incl mail-in, E.G.) Jan 21-22, '23.....\$3413.00 The Eucharist is the heart and the summit of the Church's life' (Catechism of the Catholic Church, 1407). The weekly celebration of the Eucharist on Saturday evening or Sunday morning defines who we are as Catholics – in our parishes, in our households of faith, in our neighborhoods, and in our world.

We have **3 Mass options every weekend:** Saturday, 4pm; Sunday, 7:30am and 11am. See you in church!!