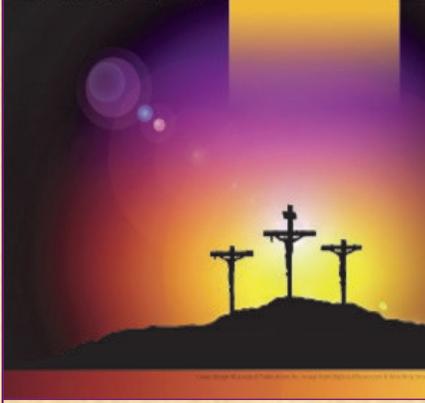


2nd Sunday of LENT



Immaculate Heart of Mary Parish

Watervliet/Green Island NY

March 12, 2017

Celebration of the Eucharist

Saturday Vigil—4:00PM

Sunday—8:30 AM and 11:00 AM

Weekday Schedule

Communion Service: Monday and Friday at 9:00 AM

Mass: Tuesday, Wednesday and Thursday at 9:00 AM

All Are Welcome

HANDICAPPED ACCESSIBLE

PASTORAL STAFF

Fr Don Rutherford, Sacramental Minister
Deacon Al Manzella, Parish Life Director
Deacon Mark Leonard

PARISH LIFE CENTER

2416 7th Avenue
Watervliet, NY 12189
(518) 273-6020 Fax: (518) 273-3978
Email: info@ihm.rcpw.org
Website: www.rcpw.weebly.com

OFFICE HOURS:

Mon—Thurs: 8:30am—3:30pm
Friday—10:30am—3:30pm

Administrative Assistant

Judith Pope: jpope@ihm.rcpw.org

Secretary

Mary Beth Knapik

Archivist

Thomas Hanley: thanley@ihm.rcpw.org

Facility Manager

Matthew Carabis

FAITH FORMATION & YOUTH MINISTRY CENTER

2425 7th Avenue
(518) 328-0427

Coordinator, Sharon Kowalski
skowalski@ihm.rcpw.org
Call for appointment

Sacrament of Reconciliation

Saturday prior to the 4:00pm Mass

Sacrament of Baptism

Please contact the Parish Office to make arrangements. Baptisms are generally on the 2nd weekend of the month.

Sacrament of Matrimony

Couples should make arrangements as soon as the engagement is announced.

Anointing of the Sick

The Anointing of the Sick will be administered the first full weekend of each month, immediately after each Mass.

Deacon Al's Corner

Three Things – What are the three things we are asked to do during Lent? Pray, Fast and Give alms.

Prayer – I hope you have taken home a copy of the “Little Black Book” for Lent. The daily reflections are a good way to start each day. They only take six minutes! This year the reflections for Sundays are “Tips about prayer.” The end of this week’s tip about prayer discusses how people who belong to a golf or a bowling league play golf or bowl more than if they didn’t belong to a league. A league is defined as a collection of people, countries, or groups that combine for a particular purpose, typically mutual protection or cooperation:

We are all members of the Immaculate Heart of Mary (IHM) faith family, that we could call the IHM League. We come together for a particular purpose, to pray and to worship God, and to receive the Eucharist. My experience with bowling is that most people who are in a bowling league bowl once a week. The Little Black Book has a quote from St. Francis de Sales “Every Christian needs a half-hour of prayer each day, except when he is busy, **then he needs an hour!**” As a member of the IHM League how much time do you spend praying? Pray more this Lent. It’s not too late to start.

Fasting – We are advised by the Dynamic Catholic team not to give up chocolate for Lent. Their focus this year for Lent is the book “Resisting Happiness.” Matthew Kelly told us this week that we often know what makes us happy and yet we do the opposite. Fasting, giving up desserts, sweets, yes, and chocolate is difficult at first, but if I stick with it I lose weight and feel better in the process. So fasting should make me happy. But I also need to make sure I don’t get grumpy because I feel I am deprived. Or I get angry with people who are eating dessert?! Maybe I can give up being grumpy for Lent?! Sign up for the Best Lent Ever at: www.DynamicCatholic.com/Lent

Giving Alms – please look for, and participate in, the opportunities available during Lent to give alms (e.g., Rice Bowl, Bishop’s Appeal, Unbound, etc.)

VOCATIONS MINISTRY—Today’s Gospel reading from Matthew 17:1-9 describes Jesus’ Transfiguration on the mountain. From behind the bright cloud of His glory, God the Father made it clear to all of us that we must make our lives Jesus-centered: “*This is my beloved Son, with whom I am well pleased; listen to Him.*”

Let us continue to support one another as we pray together to live our chosen vocations as God commanded from the cloud. This includes our weekly Mass petitions for an increase in vocations to the priesthood, religious life and lay ecclesial ministry.

This weekend we thank Joan Guzek for bringing the Traveling Chalice to her home to pray for vocations. Please consider doing the same by signing up by the Sacred Heart statue at the back of the church.



IHM PRAYER MINISTRY—Contact Brenda Persons at 271-6184 if you would like the prayer team to pray for you or a loved one who is ill or undergoing surgery.

Tuesdays in Lent: *All Are Welcome*



Start with a simple supper and then Adoration or a video series by Bishop Robert Barron, "*Catholicism: the Pivotal Players*"; sounds like we could be ready to experience a special Lenten journey...

Please sign up to share a soup or a salad – sign up sheets are on the table in the back of the church. Hope to see you at 5:30pm in the Parish Life Center for a special Lenten experience.

Stations of the Cross: *Walking in the Footsteps of Jesus*—Share a special gift with your families this Lent; take some time out of your busy lives to attend the Stations as a family at **7PM on Fridays**. Sometimes to really understand the journey, you have to walk in the footsteps of Jesus on His way to the cross.

There are many ways to experience the Stations; many ways to express the same prayer: The schedule this year is: March 17, Confirmation: Today's Disciples; March 24, FF/RCIA, Everyone's Way of the Cross; March 31: Rosarians, Through the Eyes of Mary; April 7: Gr. 6-9. Deacon Al will also have stations in the afternoon on Good Friday.



Lenten Coins: This Year, "Lift High the Cross" —This year's Lenten coins were purchased for the parish by Faith Formation as a show of gratitude for all the support given to our young people by the parish. On the coin, are the words to a familiar hymn, "Lift High the Cross, the Love of Christ Proclaim".

This hymn is used for different feasts and solemnities, such as the Exaltation of the Cross; Palm/Passion Sunday, Holy Week and the Easter season.

We remember our Lord's words, "He who does not take up his cross and follow me is not worthy of me. He who finds his life will lose it, and he who loses his life for my sake will find it." (Mt 10:38,39). May carrying this Lenten cross, in our pocket or on a key chain, help us to remember our Lord's great sacrifice and love as we journey with him in this season of Lent.

Lenten Prayer Banner—As Christians, we know the Cross to be a symbol of healing, sacrifice and great love. In the back of the church, there is a Lenten Prayer Banner. Crosses will be placed nearby in a basket. Please take a cross, write on it the name of a person or intention that you will be praying for this Lent and pin it to the banner.

Rosary Society—The Rosary Society will meet on March 15th at 6:00pm in the Parish Life Center. If you have any questions, please contact Linda at 209-6446.

Faith Formation For All Ages

Sharon C. Kowalski, Coordinator of Faith Formation and Youth Ministry

skowalski@ihm.rcpw.org

What Can I Do for Lent This Year??

What will Lent mean to you, as a family, this year? Just another few weeks of cold winter weather...giving up chocolate or desserts...

OR, how about really taking a look at this liturgical season of **Purification and Enlightenment**? There is so much happening at Immaculate Heart of Mary this Lent. Every Tuesday in Lent there is a simple supper at 5:30pm, followed by Adoration or a DVD that makes being Catholic make sense. Stations of the Cross every Friday at 7pm...first the Traditional stations, the second Friday is presented by the Rosary Society, the third presented by our Confirmation candidates, sponsors and parents; Everyone's way of the Cross is next; the fifth week is again led by our Rosarians; finally, our grades 6-9 will present the Stations on April 7.

OR, how about making a real effort to get back into the practice of attending weekly Mass as a family? It seems so easy to scoop up the children after Faith Formation and go right out the door of the church...is whatever we're rushing out to as important as celebrating the next 40 minutes with the community in an experience of worship and thanksgiving for all God has done for us that week?? Think about it and try it for a few weeks...you just might find that it's a life-changer.

CRS Rice Bowl: Where in the World Are We This Week???? ZAMBIA

This week highlights Evelina. Like generations of Zambians before her, she survived on meals made from corn flour, called "nshima", which has very little nutritional value. CRS is teaching women how to prepare healthier meals. What the women learn, they share with their community. Read the whole story on the insert inside your Rice Bowl. The recipe this week is *Ifisashi (peanut stew over polenta)*. Try it and tell us what you think!!

Faith Formation Theme 2016-2017: Prayer and Works of Mercy

AM sessions for grades Pre-k to 7 are 9:45 to 10:55, with Mass at 11AM. PM sessions for grades 6 to 10+ are 12:15 to 1:15pm, following the 11am Mass.

Please call the Faith Formation office at 328-0427 to register your child or for details about our Faith Formation Program,

Children's Liturgy of the Word (CLOW)

Following the opening prayer at the 11am Mass, Father will invite all children from **Pre-K to grade 3** to go with our catechists to hear and discuss the readings for that Sunday's Mass. They will return to you in the church after the Prayer of the Faithful.

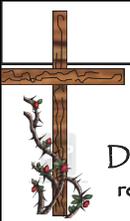
Older siblings may participate in a different role as helpers to Mrs. Pontari. She also welcomes parent's help. If you would like to accompany your little ones and see what it's all about, please feel free to join them.

Here's What's Coming Up in March

Lenten Tuesdays: March 14, 21, 28, April 4, 11

Stations of the Cross: March 17, 24, 31, April 7 and Good Friday

In Memoriam ~ 2017

 <p>In loving memory of Albert P Morelli, Donald & Eileen Gallagher Hogan requested by Don & Patti Hogan</p> <p style="text-align: right;"><small>12/17/17</small></p>	<p>In loving memory of John A O'Brien requested by the Family</p> <p style="text-align: right;"><small>10/15/17</small></p>	<p>In loving memory of J. Vince Cocca requested by his wife and Children</p> <p style="text-align: right;"><small>10/8/17</small></p>
<p>In loving memory of Adam & Katherine Novak John G Novak & Florence Szpot requested by the Family</p> <p style="text-align: right;"><small>8/20/17</small></p>	<p>In loving memory of William T, Sr, Julia F and Robert A Fahr requested by the Family</p> <p style="text-align: right;"><small>7/30/17</small></p>	<p>In loving memory of James D Langford requested by Lilia Langford</p> <p style="text-align: right;"><small>7/23/17</small></p>
<p>In loving memory of Bryan T Roberts (son) Raymond & Helen Werner (parents) requested by Judith Pope</p> <p style="text-align: right;"><small>7/2/17</small></p>	<p>In loving memory of The Barron & Rys Families requested by the Family</p> <p style="text-align: right;"><small>7/2/17</small></p>	<p>In loving memory of Joseph V Germano requested by the Family</p> <p style="text-align: right;"><small>4/23/17</small></p>

SPIRITUAL ADOPTION: Five Month Developing Baby—Your spiritually adopted baby weighs over one pound now. His mother can feel him moving now. Before he was too small for her to feel. Although he swam with ease in his watery world, he needed to be big and strong enough to kick hard against the outside uterine wall and dent it—the inside wall of the uterus has no feeling.

We are mid-way through the pregnancy now. Your prayers have helped your baby's mother continue with her pregnancy and seek the help she needs.

RCIA and Sacramental Preparation for Adults—Do YOU have questions about the Catholic faith? Need to receive sacraments – either Baptism, Eucharist or Confirmation, for yourself, an older teen or young adult?

Whatever your needs may be, we are here to help you make it happen. We are able to work around your schedule and your individual area of need. Want more information?? Contact Sharon at 328-0427 or skowalski@ihm.rcpw.org.

Scripture Study: Gospel of Matthew—Note: Because of the **Simply Peter** presentation on **March 16**, (followed by Reconciliation) and rehearsal for Confirmation on **March 23** at the Cathedral, there will not be Scripture sessions for the next two weeks.

You are invited to join us Thursday, **April 6**, from 6pm to 7pm in the Faith Formation and Ministry Center for questions and a discussion on Chapter 19 of the Gospel of Matthew, **Marriage: A Demonstration of God's Love**. For more information, please contact Sharon at 328-0427 or skowalski@ihm.rcpw.org

ADMINISTRATION AND FINANCE

Weekly collection (including mail-in)

Mar 5-6, 2016.....\$6685.00

Mar 4-5, 2017.....\$5570.00

Black, Native American Missions Collection

Feb 13-14, 2016.....\$931.00

Mar 4-5, 2017.....\$807.00



Mary's Kitchen: Winter hours 3:00—5:00pm—All members of the community are invited – both parishioners and non-parishioners alike, to pick up a take-out meal or to enjoy an eat-in meal to chat and relax with friends. Questions?? Contact Sharon at 328-0427 for more information.

Our mission at Immaculate Heart of Mary is to proclaim the good news of Jesus Christ and to praise His name, by being a Christ-centered, welcoming, unified community. Called to holiness, we celebrate the love of God through prayer and worship, the Eucharist and other sacraments, catechesis, evangelization and service to all. Always His people, we strive to be good stewards of our time, talent and treasure.

 **Bring a Friend to Church**

Mass Intentions

Sat., Mar 11

4:00pm—Eileen Deck, req by Joan & Karl
Mr & Mrs Matthew McAvoy, req by grandchildren
Teresa L Fahr (1st Anniv), req by the family

Sun., Mar 12

8:30am—Living & deceased members of
11:00am—Selina Hudy, req by her husband
Linda Housel, req by Bob & Carol Carlson
Maurice Collins (T-Boy), req by Marie Mock/
Brenda Persons

Mon., Mar 13

9:00am—COMMUNION SERVICE

Tues., Mar 14

9:00am—Daniel Haner, req by Michele/Charlie
Smith
Margaret Foley, req by Kay & John Connors
Charles Bulson, req by Lis family

Wed., Mar 15

9:00am—James Langford, req by Lilia Langford
John Krawiec, req by Sherry Brannigan
Charles Bulson, req by Josephine Bonville

Thurs., Mar 16

9:00am—Charles Bulson, req by Rose Madlin
Margaret Foley, req by Lorraine Alund
William McCormick, req by Toni Delduce

Fri., Mar 17

9:00am—COMMUNION SERVICE

Sat., Mar 18

4:00pm—Patricia Kane, req by Brenda Persons
Evelyn Ebenhoch (Anniv), req by the family
Francis & Kathleen Deck, req by Joan & Karl

Sun., Mar 19

8:30am—Patrick Dunbar, req by wife, Linda
Paul Cornelius, req by Brenda Persons
Patricia Williams, req by Rita Harris

11:00am—Living & Dec'd mem of IHM