

# IMMACULATE HEART OF MARY PARISH

of Watervliet & Green Island, NY

## ALL WELCOME

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Fr. Samuel Bellafiore

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Website: [www.rcpw.weebly.com](http://www.rcpw.weebly.com)

PARISH OFFICE HOURS  
Mon - Thurs: 8:30 - 3:30pm  
Fri - Closed

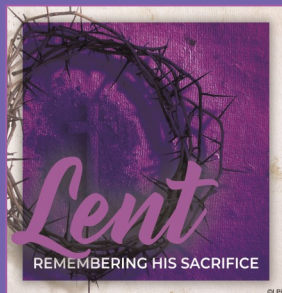
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Coordinator  
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[skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org)  
Call for information  
or appointment



## 3<sup>rd</sup> SUNDAY OF LENT

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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### MARCH 12, 2023

Celebration of the Eucharist

Saturday Vigil: 4:00 pm - Sunday: 7:30 am and 11:00 am

Weekday Schedule

9:00 am Mass - Tuesday Wednesday Thursday

Adoration on Tuesdays - 9:30 to 11:00 am

## March Calendar of Events

**March 16 DVD: "Risen"**

**March 19: Spaghetti dinner in PLC**

*(details below)*

**Stations of the Cross on Fridays at 6pm**

March 17, *Everyone's Way of the Cross*

March 24, *Through the Eyes of Mary*

March 31, *Stations of the Cross by our Faith Formation classes*

*Please contact Sharon: 518 328 0427 or [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org) if you would like to read one of the Stations on March 10 (Bearing the Cross Today) or 17 (Everyone's Way of the Cross).*

**Scripture Sharing:** *Please note: We will not have Scripture on March 16. We will instead show the March DVD: "Risen". We will resume Scripture sessions the following Thursday, March 23.*

*We meet on most Thursdays from 2 to 3pm. For more information, please contact Sharon at 518-328-0427 or [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org)*

## March DVD: "Risen", March 16: Parish Life Center

On Thursday, March 16 at 1:30pm in the Parish Life Center, we will see the Biblical story of the Resurrection as seen through the eyes of a non-believer. Clavius, a powerful Roman military tribune is tasked with solving the mystery of what happened to Jesus in the weeks following the crucifixion.

As believers, we are familiar with the events that transpired in the life, death, and Resurrection of Jesus. All during Lent, we will trace the stories leading up to Jesus' crucifixion and His ultimate triumph over death. What was it like for one who did not believe?? All are welcome.

Contact Sharon at [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org) for more information.



## Spaghetti & Meatball/Sausage Dinner March 19 at 4:00 PM

This year, we will celebrate St. Joseph's Feast Day with a Spaghetti Dinner on Sunday, **March 19 at 4pm** in the Parish Life Center.

**Tickets are \$10 and will be sold this weekend, March 11-12 after all the Masses - 'Eat-In or Take-out'**

***Tickets will not be available at the door.***

The dinner will be prepared by **Black Bear** and will include spaghetti, meatballs, sausage, bread, salad and dessert. For more information, contact Linda Dunbar at 518-209-6446 or Sharon Kowalski at [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org).

**Faith Formation For All Ages ~ Sharon C. Kowalski, Coordinator of Faith Formation and Youth Ministry- [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org)**  
**Faith Formation: 2022-2023:**

Our March Faith Formation schedule will be March 12, 19, 26. All sessions are 9:45 to 10:50am.

Please contact Sharon at [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org) or 518-328-0427 for more information or questions about Faith Formation and/or receiving sacraments at IHM.

***Please note: For cancellations of Faith Formation due to inclement weather, please check the local Spectrum TV stations.***

**RCIA and Sacramental Preparation for Adults and Older Children ~** If you are interested in becoming a Catholic or completing your Sacraments of Initiation (Baptism, Eucharist and Confirmation) or are curious about the process, contact Sharon at 518-328-0427 or [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org).

## Gospel Meditation - A Deeper Understanding of Scripture

### 3<sup>rd</sup> Sunday of Lent



When I became the pastor of a large parish, I soon found myself, for the first time in my life, riddled with anxiety, headaches, difficulty making decisions, and fatigue. I called a therapist friend and told her my symptoms and asked if she thought I needed a serious medical exam. She said, "How much water do you drink?" I told her, "I haven't had time to drink water lately." She responded, "You're chronically dehydrated. Drink eighty-five ounces a day and call me in a week." I started guzzling water and in a week all my symptoms went away. I felt great. Like me, the people in the Exodus wanderings were dehydrated. But unlike me, they knew it. Their symptoms were bad. They fight with each other. They accuse God of being a monster who wants them and their children to die of thirst. Their thirst drives them to plot the bloody assassination of the man who rescued them. God responds by using Moses to strike a rock from which rivers of living waters flow to quench their thirst for years to come.

The Holy Spirit is the living water of love which flows from the pierced side of Jesus, the new Moses. What symptoms in your life suggest you're spiritually dehydrated? Anger at God? Cynicism at your leaders? Bitter rivalry and bickering with others? Don't panic. *Of course* we have those symptoms. Ask God to provide his water to quench your spiritual thirst, and he

will. And all those symptoms will soon disappear. — *Father John Muir*

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## In Memoriam ~ 2023

In loving memory of Albert F Morelli, Donald & Eileen Gallagher Hogan requested by Don & Patti Hogan 2/18/24	In loving memory of our Families: The Carlsons, The Mardigans, The Foleys & The Butlers requested by Bob & Carol Carlson 2/4/24	In loving memory of John A O'Brien requested by the Family 10/29/23
In loving memory of William T Sr, Julia F and Robert A Fahr requested by the Family 8/20/23	In loving memory of The Barron & Rys Families requested by the Family 7/16/23	In loving memory of Bryan T Roberts (son) Raymond & Helen Werner (parents) requested by Judith Pope 7/16/23
In loving memory of Adam & Katherine Novak John & Rosalie Novak & Florence Szpot requested by the Family 6/11/23	In loving memory of Joseph V Germano requested by the Family 6/11/23	In loving memory of John T Sherlock requested by his wife and Family 4/23/23

**Mary's Kitchen: Mondays, 3 to 5pm: ALL WELCOME!!** - Stop by between 3 to 5pm on Mondays and sit down to enjoy a meal with friends or pick up a meal to take home: Soup, salad, sandwich, entrée and dessert!! Questions?? Please contact Sharon at [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org) or call 518-328-0427 for more information.

**Rosary Society: News Update** ~ The Rosary Society recently changed its bylaws to include men as members. Please consider becoming a part of this organization devoted to the Blessed Virgin Mary. Sign-up sheets are on the table in the back of the church. Simply drop your membership request in the collection basket.

**Live the Liturgy: Inspiration for the Week** - Sometimes, like the Samaritan woman, we can scarcely believe that God would meet us here in this fallen world. The truth of what he speaks and the beauty of what he proclaims is like a well of spring water in a dry desert. Do we dare accept the gift? ©LPi

### Readings for the week of March 12, 2023

Sunday: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42

Monday: 2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4/Lk 4:24-30

Tuesday: Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/Mt 18:21-35

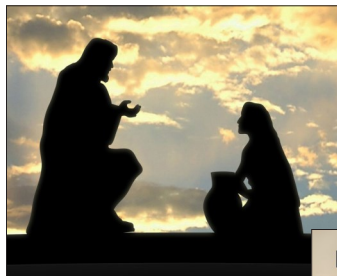
Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19

Thursday: Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

Friday: Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/Mk 12:28-34

Saturday: Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

Next Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 (1)/Eph 5:8-14/Jn 9:1-41



3rd SUNDAY OF LENT



In memory of our beloved son  
Michael D Kowalski  
requested by  
Michael and Sharon Kowalski  
3/19/23

### MASS INTENTIONS

Sat., Mar 11

4:00pm—Robert S Lewis, Sr (3rd Anniv),  
req by the family

Linda Cole, req by Ginny/Diane Jakubics  
Peter Barron, req by Bob & Kathy Falzo

Sun., Mar 12

7:30am—Julia Waldo, req by Bob/Carol  
Carlson

Living & deceased members of IHM

11:00am—Robert Carlson, req by Margaret  
&

Fred Gonsowski

Tues., Mar 14

9:00am—Margaret Rose Gonsowski (6th  
Anniv), req by son & daughter

Wed., Mar 15

9:00am—living & deceased members of  
IHM

Thurs., Mar 16

9:00am—Ted Testo, req by the family

Sat., Mar 18

4:00pm—Ted Testo, Sr, req by the family  
Margaret Van Buskirk, req by the family  
Peter Barron, req by Martha/Chuck Fandl

Sun., Mar 19

7:30am—Patrick Dunbar (B'day), req by  
Linda

Living & deceased members of IHM

11:00am—Bob Carlson, req by Judy Pope  
Frank Blair, Sr (Anniv), req by daughter/  
grandson  
Frank Blair, Jr (B'day), req by sister/nephew

**FINANCE & ADMINISTRATION**  
**Weekly Collection (incl mail-in, E.G.)**  
Feb 25-26, '23.....\$3879.00

**LEGNARD-CURTIN AUXILIARY 927** ~ Save your Price Chopper cash register tapes for "Tools of Schools". Please leave them in the box in the main lobby of the Church. Any questions call Brenda at (cell) 518 961-0169.