



# Immaculate Heart of Mary Parish

Watervliet/Green Island NY

1st Sunday of Lent ~ March 1, 2020

Celebration of the Eucharist

Saturday Vigil—4:00PM

Sunday—8:30 AM and 11:00 AM

Weekday Schedule

Communion Service: Monday, 9:00 AM

Mass: Tuesday, Wednesday and Thursday, 9:00 AM

**HANDICAPPED ACCESSIBLE**

## PASTORAL STAFF

Fr Don Rutherford, Pastor  
Deacon Mark Leonard  
Shawn Allen, Business Administrator  
[sallen@ihm.rcpw.org](mailto:sallen@ihm.rcpw.org)

## PARISH LIFE CENTER

2416 7th Avenue  
Watervliet, NY 12189  
(518) 273-6020  
Fax: (518) 273-3978  
Email: [info@ihm.rcpw.org](mailto:info@ihm.rcpw.org)  
Website: [www.rcpw.weebly.com](http://www.rcpw.weebly.com)

## PARISH OFFICE HOURS:

Mon—Thurs: 8:30am—3:30pm  
Friday—10:30AM—3:30PM

## Administrative Assistant

Judith Pope  
[jpope@ihm.rcpw.org](mailto:jpope@ihm.rcpw.org)

## Secretary

Mary Beth Knapik

## Archivist

Thomas Hanley  
[thanley@ihm.rcpw.org](mailto:thanley@ihm.rcpw.org)

## Facility Manager

Matthew Carabis

## FAITH FORMATION & YOUTH MINISTRY CENTER

2425 7th Avenue  
(518) 328-0427

## Coordinator, Sharon Kowalski

[skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org)  
Call for appointment

## Sacrament of Reconciliation

Saturday prior to the 4:00pm Mass

## Sacrament of Baptism

Please contact the Parish Office to make arrangements. Baptisms are generally on the 2nd weekend of the month.

## Sacrament of Matrimony

Couples should make arrangements as soon as the engagement is announced.

## Anointing of the Sick

The Anointing of the Sick will be administered the first full weekend of each month, immediately after each Mass.

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## Gospel Meditation ~

Life can easily spin us out of control. While there are so many wonderful opportunities before us, we can also get easily distracted and exhausted. There is always something to do, respond to, or check. The clutter of our lives can take us off course, and the best remedy for getting back on track is the experience of the desert. Here we can face our demons square on, resist them, and get back on course. We desperately need the season of Lent. This simple time of year forces us into greater awareness and grounds us in what is good and true.

What weighs you down and keeps you trapped? Maybe you are trying to do too much and please too many people. It could be that your fragile self-image is always pushing you to prove yourself and find success. Anxiety and worry, ultimately due to a lack of faith, can quickly tempt you with despair. It could be that you are listening to too many voices and allowing all of the negativity that is present erode the genuine goodness in your heart and in all of God's creation. Or maybe you struggle too much with fear. Perhaps so much so that you are far too preoccupied with your own agenda and goals and left with little psychological or spiritual room to consider and respond to the plight of your neighbor. Do anger, bitterness, stubbornness, and hatred have homes in your heart? How about greed, gluttony, pride, apathy, or lust?

For many, their passions and what can be found on the internet are their downfall, and they are robbed of their inner life and freedom. What is it, specifically, that tempts you away from a childlike trust in God? Define this and use the next few weeks to allow God to chart you a course away from them. Silence, being alone, grace, honesty, struggle, tears, and dryness are all found in the desert. You will also find God and your true self in this holy place. Ready to go? ©LPi

**RCIA AND SACRAMENTAL PREPARATION for ADULTS AND OLDER CHILDREN ~** *We are currently meeting Wednesday afternoons from 2 to 3pm. Ed and Don are preparing to receive their sacraments on the Easter Vigil in the spring. If you are interested in becoming a Catholic or completing your Sacraments of Initiation (Baptism, Eucharist and Confirmation) or are curious about the process, feel free to stop in any Wednesday and see what it is all about. Need more information?? Contact Sharon at 518 328-0427 or [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org).*

**MARY'S KITCHEN: Mondays, 3 to 5pm ~** Come join us at Mary's Kitchen. All members of the community are invited—both parishioners and non-parishioners alike—to enjoy an eat in meal, chat and relax with friends or to pick up a meal to take out.

Email [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org) or call 518 328-0427 for more information.

**CATHOLIC CHARITIES:** During Lent (beginning February 26th) through Easter Sunday (April 12th) we will be collecting Personal Hygiene Products and Paper Products to assist Catholic Charities with their Personal Care Closet Drive for clients living with HIV/AIDS and other chronic illnesses. Items needed: Soap, shampoo, conditioner, deodorant, toothpaste, shaving items, laundry soap, fabric softener, dryer sheets, bath tissue, paper towels and tissues. Boxes will be in the vestibule and will be marked "Catholic Charities". If you have any questions, please contact Linda @ (518) 209-6446. Thank you in advance for your support and assistance.

**SCRIPTURE SHARING: Letter of St James ~** We meet on Thursdays from 2 to 3pm in the Parish Life Center. Our new series is on the Letter of James. On March 5, we will watch a DVD based on James 3:13-18, *Wisdom, False and True*. Why not join us? For more information, please contact Sharon at 518 328-0427 or [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org).



## 40 Days of Seeking Him

**Care For Creation—**On March 5 the Environmental Clearinghouse of Schenectady (ECOSNY.org) will be sponsoring two short films produced by Riverkeeper on the water quality of the Hudson River Estuary. A discussion will follow the 6:30pm showing of the films at the Stockade First Reformed Church in Schenectady.

## Journey Through Lent...



### Lenten Tuesdays: March 3, 10, 17, 24, 31, April 7

Beginning on March 3, Tuesdays in Lent will start out at 5:30pm with a simple soup and salad supper in the Parish Life Center. Following that, we will alternate weeks with Adoration, a viewing of a DVD by Bishop Robert Barron, or a Lenten presentation.

We are inviting people to make soup or a salad or bring bread for ONE of the weeks. There are sign-up sheets on the tables in the back of the church for the weeks of Lent. There is no charge for Lenten Tuesdays, but donations will be cheerfully accepted.

### FABULOUS FRIDAYS

Beginning March 6, fish fry dinners, alternating with Mac/Cheese dinners, will be available on Fridays in the Parish Life Center from 5:30 to 6:30pm before Stations of the Cross at 7:00pm. **Orders for food must be prepaid on Saturday/Sunday the week before. Tickets will be sold after all the Masses. Cost is \$5.00 per person. Dinners may be take out or eat in.**

What better way to spend Fridays in Lent?? Feed the body, then feed the soul.

### Stations of the Cross: March 6, 13, 20, 27, April 3

Share a special gift with your families this Lent; take some time out of your busy lives to attend the Stations as a family at **7PM on Fridays**. Sometimes to really understand the journey, you have to walk in the footsteps of Jesus on His way to the Cross.

**March 6:** Rosarians: Stations for Seniors

**March 13:** Bearing the Cross Today

**March 20:** Everyone's Way of Cross

**March 27:** Through the Eyes of Mary

**April 3:** Living Stations



## Faith Formation: For All Ages

**Sharon C. Kowalski** Coordinator of Faith Formation & Youth Ministry

[skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org)

### 2019-2020 Faith Formation

The AM session for Faith Formation (Prek-3yr old - gr.7) is 9:45 to 10:45am and the PM session (gr.8 - 12) is 12 noon to 1:15pm. Questions, please contact Sharon at 518 328-0427 or email [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org).

### Faith Formation: The Mass is the Class

**We anticipate seeing you at Mass every Sunday.** Mass is where we celebrate and live out all we learn about our faith in Faith Formation. It is where we meet Jesus every week in the Liturgy of the Word and in the Eucharist. Questions about our Faith Formation program? Please contact Sharon at 518-328-0427 or email [skowalski@ihm.rcpw.org](mailto:skowalski@ihm.rcpw.org).

### Children's Liturgy of the Word (CLOW)

Children will join Faith Formation catechists in the CLOW room for special readings directed towards children. Father will call them forward and they will leave with the catechists and return after the Prayer of the Faithful.

### Here's What's Coming Up in March

Lenten Tuesdays: Simple Supper, followed by Adoration on March 3


Fabulous Fridays: March 6, Fish Fry dinner, \$5.00 per person

Friday, March 6: 7pm, Stations of the Cross: Stations for Seniors-Presented by Rosarians



**"The Eucharist is the heart and the summit of the Church's life." (Catechism of the Catholic Church, 1407). The weekly celebration of the Eucharist on Saturday evening or Sunday morning defines who we are as Catholics - in our parishes, in our households of faith, in our neighborhoods, and in our world.**

We have 3 Mass options every weekend: Saturday, 4pm; Sunday, 8:30am and 11am.

 In Memoriam ~ 2020-21		
In loving memory of our Families: The Carlsons, The Mardigans, The Foleys & The Butlers requested by Bob & Carol Carlson 2/7/21	In loving memory of Albert P Morelli, Donald & Eileen Gallagher Hogan requested by Don & Patti Hogan 1/10/21	In loving memory of Joseph V Germano requested by the Family 1/10/21
In loving memory of John A O'Brien requested by the Family 10/25/20	In loving memory of William T Sr, Julia F and Robert A Fahr requested by the Family 8/23/20	In loving memory of Bryan T Roberts (son) Raymond & Helen Werner (parents) requested by Judith Pope 7/19/20
In loving memory of The Barron & Rys Families requested by the Family 7/19/20	In loving memory of John T Sherlock requested by his wife and Family 7/19/20	In loving memory of the Edward Brooks Family, Foglia Family & Monticup Family requested by Rose Brooks & Family 5/24/20
In loving memory of Adam & Katherine Novak John & Rosalie Novak & Florence Szpot requested by the Family 5/10/20		

## Recognize God In Your Everyday Moments ~

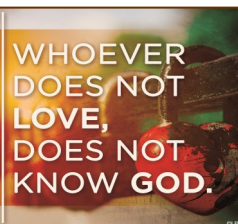
### The 6 Characteristics of an Everyday Stewardship for Lent – Mindful

What is it that tempts you the most? Is it an action, a person, or a place? Is it something that seems innocent enough, like a food, a drink, or an event? When you really start reflecting, you find that there are many temptations all around. Even if you are strong and never succumb to a certain temptation, it is still there waiting for a weak moment in your life.

One difficulty in the life of a disciple trying to live a stewardship way of life lies in the temptations we never actually see. We are too busy thinking about past failures or successes, or we are fixated on what possibilities the future holds that we miss the important things going on in the present. Jesus could be standing directly in front of us, but we miss him because we are looking everywhere except straight ahead.

Being mindful means that we are looking out for how and when God will call us this very day. Our decisions this day will have a huge impact on the future. If we only look to the future, we will miss those important calls to action. We may even find ourselves in a desert of sorts, looking for any way out we can find. However, God may need us to give of ourselves for a reason we cannot yet discern while in that desert. We need to stay awake, be aware, and look for His hand in all things. If we don't, we may even miss the pathway out of that desert when it presents itself.

— Tracy Earl Welliver, MTS



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## MASS INTENTIONS FOR THE WEEK

Sat., Feb 29

4:00pm—Sally Colbert, req by Marge Centanni  
George McHarg, req by Linda Dunbar  
Constance Meyer, req by Bill/Rita Fahr & family

Sun., Mar 1

8:30am—Jim Mantello, req by his brother  
Philip Blanchard, req by his sister Mary  
Sally Colbert, req by Gloria Colarusso

11:00am—Alan Johnson, req by Lorraine Alund  
Jack Whited, req by Lorraine Alund  
Sean O'Brien, req by Marilyn LaParl/Tony Cassidy

Mon., Mar 2

9:00am—COMMUNION SERVICE

Tues., Mar 3

9:00am—Beatrice & Philip Zarlengo, Estate

Wed., Mar 4

9:00am—Helen & Thomas Sullivan, Estate

Thurs., Mar 5

9:00am—Charles Centanni, req by the family  
Joseph/Dorothy Slupski, req by Keith Slupski

Fri., Mar 6—NO COMMUNION SERVICE

Sat., Mar 7

4:00pm—Margaret Fruscio, req by a friend  
Rebecca Glogowski (53yrs), req by the family  
Denise M Lindheimer, req by Fred Hudry

Sun., Mar 8

8:30am—Andrea Hanley, req by Food Pantry  
Wayne Simmons, req by Bob & Carol Carlson

11:00am—Jack Whited, req by Food Pantry  
Lee Kinder, req by Mary Ellen Hanley  
Sally Colbert, req by Lorraine Alund



## Weekly Collection (incl Mail-in/E.G)

Feb 16-17, 2019.....\$6890.00

Feb 15-16, 2020.....\$6537.00

Feb 23-24, 2019.....\$4695.00

Feb 22-23, 2020.....\$8117.00

**Reading-Romans-5:13**—"...for up to the time of the law, sin was in the world, though sin is not accounted when there is no law."

**Pope Francis-Laudato Si**—"Exposure To atmospheric pollutants produces a broad spectrum of health hazards, especially for the poor, and causes millions of premature deaths."

**Catholic Social Teaching-USCCB,1991**—"The whole human race suffers as a result of environmental blight, and generations yet unborn will bear the cost for our failure to act today."

**Care 4 Creation**—"Blessed is the tree which takes time to sink deep roots; it shows us what we have to do to withstand the storm."

**IHM PRAYER MINISTRY**~ The prayer tree ministry is made up of a group of people who pray for others—for anyone who would like to have prayers said for themselves for wellbeing; or for a family member, relative or friend, contact **Brenda at 518 271-6184**. We believe as faith-filled people, prayer matters and offers hope. If you think you might be interested in being part of the prayer tree ministry, call the phone number above.