IMMACULATE HEART OF MARY PARISH

of Watervliet and Green Island, NY



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Fr. Don Rutherford
Parochial Vicar
Fr. Samuel Bellafiore

Business Administrator Shawn Allen sallen@ihm.rcpw.org

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PARISH OFFICE HOURS Mon - Thurs: 8:30 - 3:30pm Fri - Closed

Administrative Assistant Judith Pope ext. 301 jpope@ihm.rcpw.org

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Mary Beth Knapik ext. 302

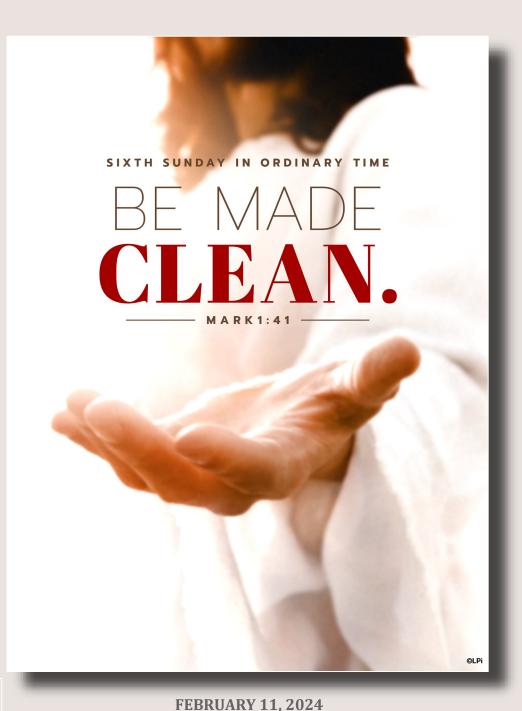
Sacramental Records/Archivist Linda Dunbar ext. 305 Idunbar@ihm.rcpw.org

FAITH FORMATION & YOUTH MINISTRY CENTER 2425 7th Avenue Watervliet, NY 12189

Coordinator Sharon Kowalski Direct line: 518 328-0427 skowalski@ihm.rcpw.org

Call for information or appointment

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9:00am & 5:30pm

CELEBRATION OF THE EUCHARIST

Weekend Masses - Saturday Vigil: 4:00 pm - Sunday: 7:30 am and 11:00 am Weekday Masses - 9:00 am; Tuesday, Wednesday, Thursday Adoration, Tuesdays - 9:30 to 10:30am

*INCLEMENT WEATHER ALERT - PLEASE CHECK TV CHANNELS 1 and/or 9 FOR CLOSURES IN WATERVLIET.



ASH WEDNESDAY, FEBRUARY 14 - Stations of the Cross: Fridays at 6pm
Lent begins this year on Wednesday, February 14. We will have Stations of the Cross in the church every Friday at 6pm: February 16, 23; March 1, 8, 15, 22. On each Friday, a different format for Stations will be presented.

The first Friday of Lent, February 16, will be the Traditional Stations. Rosary will read the Stations on February 23 and March 15. If you are interested in reading one of the fourteen Stations on March 1 and/or March 8, please contact Sharon at skowalski@ihm.rcpw.org or Linda at 518-209-6446.

All members of the parish are invited to join us as we journey with Jesus in this prayer on each Friday of Lent.

SCRIPTURE SHARING: The Prophets: Messengers of God's Mercy

New year, new Scripture Study. We are starting a new study from Ascension Press entitled *The Prophets: Messengers of God's Mercy.* God sent prophets at critical times to call the people back to their covenant relationship. Prophets proclaimed the consequences of continued sin, called people to repentance, and declared God's faithful love. They also spoke of the future to shed light on current events and to reveal God's plans and purposes.

Come join us and we will all listen and learn a little more. All are invited. We meet Thursdays from 2 to 3pm in the Parish Life Center. For more information, please contact Sharon at 518-328-0427 or skowalski@ihm.rcpw.org.

NEW Items for FOOD PANTRY for the month of February:
Cereals, Cookies, Facial Tissues
Thank you for supporting IHM
Food Pantry!

— Wary Beth

BAKE SALE for SMILE TRAIN and POLAR BEAR/PENGUIN PICNIC: FEBRUARY 25

After the 11am Mass on February 25, we will celebrate with our Polar Bear/Penguin winter picnic. In addition to that, we will have our annual Bake Sale to raise funds for Smile Train. Smile Train is an

organization that trains doctors in many poorer countries so that cleft palate/lip surgery may be done for many more children, in their own country, on a regular basis. They are able to do this life changing surgery in

about 45 minutes at a cost of \$250 per child. Truly amazing!!

FAITH FORMATION FOR ALL AGES - Sharon C. Kowalski, Coordinator of Faith Formation and Youth Ministry - skowalski@ihm.rcpw.org Faith Formation: 2023-2024

Please note: in the event of inclement weather, please check the trailers on Channel 1 and/or 9 to see if classes have been cancelled.

Faith Formation sessions for 2024 are 9:30 to 10:45, followed by 11am Mass.

Sessions are open to children from 3 years through Confirmation. Sacramental programs require a two year preparation at Faith Formation sessions.

Please contact Sharon at skowalski@ihm.rcpw.org or 518-328-0427 for more information or questions about Faith Formation and/or receiving sacraments at IHM.

MARY'S KITCHEN: Mondays, 3:00pm to 5:00pm - ALL ARE WELCOME!!

Stop by between 3 to 5pm on Mondays and sit down to enjoy a meal with friends or pick up a meal to take home: Soup, salad, sandwich, entrée and dessert!!

Questions?? Please contact Sharon at skowalski@ihm.rcpw.org or call 518-328-0427 for more information.

RECOGNIZE GOD IN YOUR ORDINARY MOMENTS - By Colleen Jurkiewicz Dorman

Sin and Loneliness

When I was in high school, we read "The Metamorphosis" by Franz Kafka. It's a depressing little novella about a man who (spoiler alert!) turns into a cockroach and dies of neglect, his family gradually ceasing to recognize the creature he has become.

"Never underestimate how badly human beings need touch," our teacher told us. "Without each other, we curl up and die."

Our need for communion with each other is written into our biology — breathing and heart rate of newborns regulates when they lie against the skin of their mothers, and we instinctively reach out to embrace someone who has been wounded. But it



is also written into our souls. Consider the early days of the pandemic, and the emotional starvation we all experienced, prevented from gathering in groups to worship, to celebrate and to mourn. And when we did encounter other people, we kept a mutual distance. "I feel like a leper," we grumbled to our families when we returned home, because we finally understood it: the real tragedy of leprosy is not pain and disfigurement. The real tragedy of leprosy is loneliness.

"If you wish, you can make me clean," begged the leper as he knelt before Christ (Mark 1:40). He wasn't begging for deliverance from pain and disfigurement. He was begging for deliverance from isolation

"If you wish, you can make me clean," we beg God in confession, not because we are physically withering and dying but because we are so desperate to once again be held in His embrace.

"Moved with pity, he stretched out his hand, touched him, and said to him, 'I do will it. Be made clean.'" — Mark 1:41 ©LPi

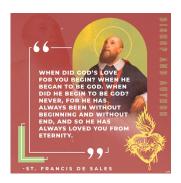
In Memoriam ~ 2024		
In loving memory of our Families: The Carlsons, The Mardigans, The Foleys & The Butlers requested by Bob & Carol Carlson	In loving memory of Joseph V Germano requested by the Family	In loving memory of Bryan T Roberts (son) Raymond & Helen Werner (parents) requested by Judith Pope
In loving memory of John T Sherlock requested by his wife and Family	In memory of our beloved son Michael D Kowalski requested by Michael and Sharon Kowalski	In loving memory of William T Sr, Julia F and Robert A Fahr requested by the Family
Memorial Block Available for 26 Consecutive Weeks *Info call Parish office at 518 273-6020	Memorial Block Available for 26 Consecutive Weeks *Info call Parish office at 518 273-6020	In loving memory of Albert P Morelli, Donald & Eileen Gallagher Hogan requested by Don & Patti Hogan

Everyday Stewardship

If you witnessed a miracle, wouldn't you want to tell everyone? If you saw the sun dance in the sky, a crippled man walk, or the Virgin Mary appear in front of you, wouldn't you just want to shout about it from a rooftop so all could hear? Maybe you would be afraid others would not believe you. You might choose instead to keep it to yourself to avoid criticism and ridicule. At least, if you saw a miracle, you would have a choice: to tell or not to tell.

Yet, at every Mass we witness a miracle. We witness bread and wine as it becomes the true presence of Jesus Christ. It isn't a saint or Mary appearing before us; it is actually Jesus! When was the last time you told anybody about that miracle?

It might not be easy for us to always talk about our faith, but we can show them. When we receive the Eucharist into our bodies, we become one with Christ. We go forth from the Mass as a living testimony of the miracle that occurred at Mass. People will not be able to simply look at us and see the evidence. We need to demonstrate to them the reality of this miracle by our good deeds and profound acts of charity. That is stewardship. That is bearing witness to the truth of our God being truly present to us. It is something we should want to share with everyone. -- Tracy Earl Welliver, MTS



RCIA and SACRAMENTAL PREPARATION FOR ADULTS and OLDER CHILDREN ~ If you are interested in becoming a Catholic or completing your Sacraments of Initiation (Baptism, Eucharist and Confirmation) or are curious about the process, contact Sharon at 518-328-0427 or skowalski@ihm.rcpw.org.

Readings for week of February 11, 2024

Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 (7)/1 Cor 10:31-11:1/Mk 1:40-45

Monday: Jas 1:1-11/Ps 119:67, 68, 71, 72, 75, 76/Mk 8:11-13

Tuesday: Jas 1:12-18/Ps 94:12-13a, 14-15, 18-19/

Mk 8:14-21 Wednesday: Jl 2:12-18/2 Cor 5:20-6:2/Ps

51:3-4, 5-6ab, 12-13, 14 and 17/Mt 6:1-6, 16-18 Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/Lk 9:22-25

Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/Mt 9:14-15

Saturday: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32

Next Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 (see 10)/1 Pt 3:18-22/Mk 1:12-15

LIVE THE LITURGY

Inspiration for the week

It was pity that moved the heart of Jesus to heal the leper. He worked this miracle because the leper, in his faith, boldly asked him to. Have that same courage in approaching God with your needs. Have that same faith in His power to heal. ©LPi

Prayer Team Ministry - If you would like prayers said for someone, contact Brenda at (cell) (838) 267-5801.

~ MASS INTENTIONS ~

Sat., Feb 10

4:00pm-Lv'g/Dec'd members of IHM

7:30am—Lv'g/dec'd members of IHM

11:00am—Peter Barron, req by his children Ginny Fogarty, req by Ann & Phil DiNuzzo

Tues,. Feb 13

9:00am-Madeline Theresa Whaley, req by Dolores A Shaw

Wed., Feb 14—ASH WEDNESDAY 9:00am—Frank/Vincenza DiNuzzo, Estate 5:30pm—Lv'g/Dec'd members of IHM

Thurs., Feb 15

9:00am-Wm Johnson/Malasky Families, **Estate**

Sat., Feb 17

4:00pm—Joseph Germano (9th Anniv) reg By the family

Joan Lewis, req by Linda Dunbar

Sun., Feb 18

7:30am-Lv'g & Dec'd members of IHM

11:00am-Margaret Foley (7th Anniv), req by Ann & Phil

FINANCE & ADMINISTRATION Weekly Collection, incl mail-in (E.G.) Jan 27/28 '24.....\$4106.00